

“Give us this day, our daily bread.... God bless you”

Our dear Heavenly Father,
We thank you for this food.

Feed our souls on the bread of life and help us to do our part in kind words and loving deeds.

We ask in Jesus' name.

**** If you need help: Dial 2-1-1** (for guidance on available resources)

MEALS/ SANDWICHES: _

Arcadia- Eisenhower Park Set Free Church - Steven Boi	2 nd Avenue and Colorado, Arcadia (kid's play area)	Mondays 8:00am- 10:30am	Food, followed by prayer service
Arcadia- LA County Park Set Free Church - Steven Boi	405 S Santa Anita, Arcadia (by the BBQ pits)	Friday 8:00am-10:30am	Bible study followed by food
Arcadia - LA County Park Sunrise Arcadia	405 S Santa Anita, Arcadia (by the parking lot and bathrooms)	4th Sunday 11:00 am - 3:00 pm	Snacks to go; Also, clothing, hygiene items, pet food, water
Monrovia - Foothills Kitchen	140 E Palm, Monrovia (626) 201-3277 (at United Methodist Church)	Saturdays 1-1:30 (doors open at 12)	Serves a meal; enter west side of church in the alley
Monrovia- Second Baptist Church	925 S Shamrock, Monrovia (626) 358-2136	Tuesdays noon	Serves grab & go
Monrovia- Foothill Unity Center	790 W Chestnut, Monrovia (626) 358-3486	Mondays 1-3:30 Wednesdays & Fridays 9-11:30	Sandwiches for people on foot; groceries if in vehicle
Rosemead - Alhambra Religious Gurdwara (Sikh place of worship)	9304 Mission Dr. Rosemead	Saturdays 9:00 am - noon	Hot cooked meals; Also milk, fresh produce, and dry grocery items
Temple City -TC Coalition Neighborhood Table	5957 Golden West Ave., TC (at United Methodist Church)	Sundays 4:00 - 4:45 pm (doors open at 3:30)	Hot meal, clothing, hygiene items

FOOD DELIVERY:

Meals on Wheels – Call 626 256-8187 **Meals cost \$4.00 lunch, \$6.00 dinner.** Pay by credit card in advance. Meal is pre-cooked and just needs to be re-heated. Areas served: Monrovia, Arcadia, Sierra Madre, San Gabriel, Pasadena, Rosemead, San Marino, Temple City

FOOD PANTRIES:

Updated 12/24/2021****IMPORTANT: CALL THE FOOD PANTRIES TO CHECK ON REQUIREMENTS AND TO CONFIRM DAYS AND TIME****

Arcadia- Hills Church	805 N First St, Arcadia	(626)461-5263	2 nd & 4 th Saturdays 10-noon	Groceries, including meat
Azusa - St. Frances of Rome Located in church auditorium	501 E. Foothill Blvd., Azusa	(626) 969-1829	1st Saturday 9am-11am	
Baldwin Park - Shepherd's Pantry	13020 Francisquito Ave Baldwin Park, CA 91706	(626) 671-0090	Fridays 5:00PM to 7:00PM	Groceries, prayer
El Monte - Our Savior Center	4368 Santa Anita Avenue, El Monte	(626) 579-2190 or (626) 579-1191	Tuesdays and Thursdays 10 am-1 pm	May provide additional services
El Monte - Catholic Charities San Juan Diego Center	4171 Tyler Avenue, El Monte	(626) 575-7652	Monday through Friday 9 am-12 pm	May provide additional services
El Monte/So. El Monte - Emergency Resources Association (for residents of El Monte & So. El Monte)	10900 Mulhall Avenue, El Monte	(626) 444-7269	Call for an appointment	Once a month, they will deliver even if on street, or you can pick up
El Monte - El Monte Community Resource Center Located in Santa Fe Plaza	3570 Santa Anita Ave, El Monte, CA 91731	(213) 428-1495	Wednesdays 2:30 – 4:00 pm	Free Food Pantry
Glendora - Shepherd's Pantry	657 E. Arrow Highway, Ste J Glendora, CA 91740	(626) 852-7630	Wednesday & Thursday 5:00PM to 7:00PM	Groceries, clothing, resources, prayer, counseling, prayer, haircuts

				on 1 st & 3 rd Wed & Thu
Irwindale - Shepherd's Pantry Warehouse	1418 Arrow Hwy Irwindale, CA 91706	(626) 305-0392	Tuesdays: drive-through for families & seniors: 5-7 PM 'Homeless Helps': MWF 10:30-11:30 AM	Groceries, prayer, clothing, many resources (Must provide photo ID. Participants may only pick up food twice a month at any of the Shepherd Pantry locations)
Monrovia - Vineyard Church Little white building next to the Baptist Church	223 S. Encinitas, Monrovia		1 st & 3 rd Fridays 3:00- 4:00pm	Groceries, including meat
Monrovia and Pasadena - Foothill Unity Center For residents of Altadena, Arcadia, Azusa, Baldwin Park, Bradbury, Duarte, Irwindale, Monrovia, Pasadena, South Pasadena, Sierra Madre, Temple City	790 W. Chestnut Ave., Monrovia 191 N. Oak Ave., Pasadena This location only serves residents of Pasadena, South Pasadena and Altadena	(626) 358-3486 (626) 584-7420	Mon.1-3:30 pm Wed & Fri. 9am-11:30am Tues. 9am-11:30am Wed & Fri 1pm--3:30pm (Pasadena location)	May provide additional services, charging station, clothing Showers: Monrovia Friday 12-4:00 Pasadena: Wed, 12-4
Pasadena - St Andrews Catholic Church	140 Chestnut, Pasadena	(626) 792-4183	Saturday 7:30AM-10:30 AM and Wed 9:00AM- 10:30 AM	Groceries
Rosemead - Mission Community United Methodist Church	9032 Mission Dr. Rosemead	(323) 234-3030 x152 (Food bank)	Food Bank (seniors 60+) 3 rd Wednesday 8-11 am Food Donations Truck Wed & Fri 3:00 - 5:00 pm	Truck - \$4 all-you-can-take
Rosemead - Alhambra Religious Gurdwara (Sikh place of worship)	9304 Mission Dr. Rosemead		Saturdays 9:00 am - noon	Milk, fresh produce, and dry grocery items.
San Gabriel - San Gabriel Mission Food Pantry. Parish center patio	428 S. Mission Drive San Gabriel	(626) 457-3035	Sundays 8am-10 a.m.	
So. San Gabriel - San Gabriel Valley Center Food Distribution Center Located in Tabernacle Faith Church	1441 Santa Anita Ave. South El Monte, CA 91733	(626) 575-5431 Call for appointment (limited to once a	Mon-2:00-5:30, Tues 9:30-12am or 2:00 - 5:30pm	

		month)		
Temple City - Seventh Day Adventist Church	9664 E. Broadway Temple City		Saturdays 12:30 pm	Groceries

SHOWERS:

Monrovia -Foothill Unity Center 790 W Chestnut, Monrovia **Fridays noon-4pm** (also charging station, clothing)